What to Expect at an Assessment or Evaluation

Be sure to check with your insurance provider for coverage.

Neuropsychological Evaluation

This type of testing notes how your brain health affects your thinking skills and behavior. These tests are administered by pencil and paper, computer, or verbally answering questions. The test is done in the doctor’s office.

Types of tests include: memory test, cognition test, verbal communication test, and motor test. Testing may take 3-6 hours depending on how quickly you and the technician go through the questions. There are breaks during the testing. It might be necessary for more than one visit.

Psychological Evaluation

Psychological evaluations measure and observe behavior to diagnose and administer treatment. Reasons for this testing is to pinpoint learning disabilities, point out brain injury, dementia, diagnose psychosis or emotional disorders.

Testing and assessments are used for psychological evaluation. Testing includes questionnaires or checklists. Assessments are made of norm-referenced psychological tests, informal tests and surveys, interview information, school or medical records, medical evaluation and observational data. One technique is a clinical interview. Appointments vary in length. The amount of time needed is not a one-size-fits-all approach.

Health Assessment

For health assessments, there will be a set of questions asking about personal behavior, risks, life-changing events, health goals, priorities, and overall health. Primary care practices use these assessments to help the care team and patient develop a care plan. The assessments also help the healthcare team to understand the needs of patients.

Appointments vary in length and scope. Assessments are completed either during office visits or a combination of office visits and on-paper or computer questions. Everyone, from child to adult, are asked similar questions.
Testing and Evaluation Centers and Services

Be sure to check with your insurance provider for coverage.

**Midwest Psychological Services**
2501 Hanley Rd, Hudson, WI 5406
Phone: 715-381-1980
www.midwestpsychological.com/

Description: They provide testing and evaluation in the following areas: (1) Psychological Evaluation and Testing, (2) ADD/ADHD Assessments, (3) Learning Disabilities. There are also supports available in individual and group counseling sessions.

**Clinical Services Center, UW-Stout Psychoeducational Testing ($100.00)**
211 10th Ave East Menomonie, WI 54751
Phone: 715-232-2404
www.uwstout.edu/csc/services.cfm

**Allina Health Clinic River Falls**
1617 E Division St, River Falls, WI 54022
Phone: 715-307-6600
allinahealth.org

**Clinic for Attention, Learning, and Memory (C.A.L.M.)**
1409 Willow Street #600, Minneapolis, MN 55403
Phone: 612-872-1243
https://calm.us/

Description: C.A.L.M. offer evaluations and assessments for ADHD, learning disabilities, memory impairments, poor academic performance, executive dysfunction, anxiety, depression and difficulties with social interactions. CALM is in-network for Blue Cross Blue Shield through the Aware Network and Medical Assistance through the Minnesota Health Care Program. They are not able to facilitate medical assistance through out of network providers such as Ucare, Medica, and HealthPartners.

**Northstar Psychological, PLLC**
8009 34th Ave S Riverview Office Tower, Suite 1490, Bloomington, Minnesota 55425
Phone: 612-275-7564
Offer testing services in English and Spanish.

Connect with the Ability Services office at 715-425-0740, or by email at ability.services@uwrf.edu, for a more extensive list of providers in the area and initial evaluation details.
Innovative Psychological Consultants
7236 Forestview Lane N, Maple Grove, MN 55369
Phone: 763-416-4167
www.ipc-mn.com

Description: Team of psychologists perform a variety of psychological testing to specify a diagnosis. Appointments for testing are scheduled 2-3 weeks. Insurance tends to cover some portion of testing but check with your insurance provider. Tests include: ADD/ADHD, Learning Disabilities, IQ/Cognitive, Personality and Neuropsychological screenings.

North Psychology Clinic
5615 Brooklyn Boulevard, Brooklyn Center, MN 55429
Phone: 763-531-0566
http://www.northpsychology.com/

Description: Offers full psychological evaluations for children and adults as well as specialized evaluations for ADHD, SSI, and citizenship. The clinic works with the following medical insurance providers: Blue Cross/Blue Shield, Medica/UBH, Preferred One, Minnesota Care, Medical Assistance, Health Partners, and U-Care.

Wisconsin Institute for Learning Disabilities/Dyslexia, Inc. (WILDD)
6525 Grand Teton Plaza Suite B, Madison, WI 53719
Phone: 608-824-8980
https://wildd.org/

Description: Offers free consultation to help in the decision for a psychological evaluation. The client will complete an inquiry form or call their office.

Anderson Psychological Services, LLC
2155 Woodlane Drive #201, Woodhill Professional Building, Woodbury, MN 55125
Phone: 612-260-4351
http://andersonpsychology.com/adhd-learning-disorder-assessments/

Description: Offers assessments to children, adolescents, and adults. Assessments include learning disorder evaluations, ADD/ADHD evaluations, Learning Styles/Strength Identification, and Mental Health/Behavioral Concerns. APS is an in-network provider for these insurance companies: Medica, Optum, United Health Group, Preferred One, Health Partners (Tier 2), Aetna Health Care, and Cigna Behavioral Health. Contact your insurance company to see if you are applicable for this service.

Connect with the Ability Services office at 715-425-0740, or by email at ability.services@uwrf.edu, for a more extensive list of providers in the area and initial evaluation details.
**Psychiatric Services**  
2727 Marshall Court, Madison, WI 53705  
Phone: 608-238-9354  
hhttp://www.psychsvcs.com/  

Description: Testing and evaluations in ADD/ADHD, learning disabilities, Autistic Spectrum Disorders (ASD), memory and cognitive processing, and diagnosis and personality issues. Their team of psychologists work closely with your physician, psychiatrist, therapist or teachers and caregivers (under 18). Payments are made through their secure bill pay service. All co-payments, co-insurances and deductibles are due when services are provided.

**Aurora BayCare Medical Center**  
2845 Greenbrier Rd, Green Bay, WI 54311  
Phone: 920-288-8000  
https://www.aurorabaycare.com/medical-services/neuroscience/neurological disorders/neuropsychology  

Description: Aurora BayCare offers testing and evaluation. The neuropsychologists test for ADD/ADHD, learning disabilities, epilepsy, concussions, and neurodegenerative disorders (Alzheimer’s disease, stroke). They also evaluate changes in concentration, reasoning, memory and personality. Contact your insurance provider to see if there are co-pays or deductibles.

**Learning Disabilities Association of Minnesota (LDAMN)**  
6100 Golden Valley Rd, Minneapolis, MN 55422  
Phone: 952-582-6000  
www.ldaminnesota.org  

Description: Assesses for learning disabilities, including dyslexia, attention deficit disorders (ADHD), and co-morbid mental health disorders including depression and anxiety. Appointment and testing turnaround can take as quick as 3 weeks total.

Connect with the Ability Services office at 715-425-0740, or by email at ability.services@uwrf.edu, for a more extensive list of providers in the area and initial evaluation details.